

Farm to Early Child Care and Education Resource List

Curriculum:

1. [Grow it! Try it! Like it!](#), by USDA Team Nutrition
2. [Farm to Childcare Curriculum Package](#), by Institute for Agriculture and Trade Policy
3. [Got Veggies? Garden Based Nutrition Toolkit](#), by Wisconsin Department of Health Services
4. [Farm to Preschool Harvest of the Month Curriculum](#), by Occidental College UEPI
5. [Cultivating Joy and Wonder: Educating for Sustainability in Early Childhood Through Nature, Food, and Community](#), by Shelburne Farms

Guides / Toolkits:

1. [Farm to Early Childhood Programs: A Step-By-Step Guide](#), Michigan Farm to School
2. [Got Dirt? Garden Toolkit](#), by Wisconsin Department of Health Services
3. [Farm to Preschool Training Manual](#), by Occidental College UEPI
4. [Creating and Growing Edible Schoolyards: A How to Manual for School Professionals](#), by the Minnesota Statewide Health Improvement Program (SHIP), Anoka County
5. [MN School Garden & Farm To Cafeteria Safety – A Food Safety Operations Manual](#), by the Minnesota Statewide Health Improvement Program (SHIP)
6. [How's it Growing?](#) Emily Mehr, M.S. Sustainable Food Systems, Green Mountain College
7. [Harvest for Healthy Kids](#), Portland State University and Mt. Hood Community College

Finding Local Foods:

1. [Minnesota Grown Directory](#), Minnesota Department of Agriculture
2. [Farm to Child Care Producer Directory](#), Renewing the Countryside
3. [CSA Farm Directory](#), Land Stewardship Project
4. [Farm to School Producer Directory](#), Institute for Agriculture and Trade Policy

Books Lists:

1. [Farm to School Children's Literature](#), by Growing Minds
2. [Michigan Team Nutrition Preschool Book List](#), by Michigan State University

Videos:

1. [What is Farm to Preschool?](#), by Georgia Organics
2. [How to Start a Farm to Preschool Program](#), by Occidental College UEPI
3. [Video series on teaching kids nutrition](#), by Gretchen Swanson Center for Nutrition
4. [School garden lessons and songs](#), by Life Lab

Recipe Collections:

1. [Farm to Child Care Weekly Seasonal Menus and Recipes](#), by Renewing the Countryside and Providers Choice
2. [Home Grown Menus of Wisconsin](#), by Wisconsin Department of Public Instruction
3. [CACFP Menu Planning Guide](#), by Wisconsin Department of Public Instruction
4. [Recipes for Healthy Kids Cookbook for Child Care Centers and Homes](#), by USDA Team Nutrition
5. [Leap of Taste recipe collection](#), by West Virginia Department of Education
6. [Washington Grown Food Kit](#), by Washington State Department of Agriculture
7. [Making It Balance and Kickin' It Up – A Cycle Menu for Montana Child Care](#), by Montana Office of Public Instruction
8. [Florida Child Care Food Program Cookbook](#), Florida Department of Health
9. [Menus that Move](#), Ohio Department of Education
10. [Fruit and Veggie Quantity Cookbook](#), New Hampshire Department of Health and Human Services

Farm Visits and Educational Opportunities:

1. [Gale Woods Farm](#), Minnetrista, Minnesota
2. [Dodge Nature Center](#), West St. Paul, Minnesota
3. [Happy Dancing Turtle](#), Pine River, Minnesota
4. [Wood Lake Nature Center](#), Richfield, Minnesota
5. [Minnesota Landscape Arboretum](#), Chaska, Minnesota
6. [Midwest Food Connection](#), Twin Cities, Minnesota

Websites:

1. [USDA Farm to Preschool](#) and [Team Nutrition](#)
2. [National Farm to Preschool Network](#)
3. [Renewing the Countryside](#) (Minnesota)
4. [Institute for Agriculture and Trade Policy](#) (Minnesota)
5. [Growing Minds](#)
6. [Serving Locally Grown Produce in Food Facilities](#)

Adapted from the Farm to Child Care Resource List developed by Renewing the Countryside your document here