



Schools and COVID-19

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PROTECTING, MAINTAINING AND IMPROVING THE HEALTH OF ALL MINNESOTANS

Coronavirus Disease 2019 (COVID-19)

COVID-19 Home

Situation Update

About COVID-19

Prepare and Prevent

Information for Travelers

Information for Health Professionals

Information for Schools

Information for Businesses

Information for First Responders

What MDH is Doing

Materials and Resources

Related Topics

Infectious Respiratory Illness

Coronavirus Disease 2019 (COVID-19)

If you are a health professional evaluating a patient for suspected coronavirus disease 2019 (COVID-19), please see [Evaluating and Testing for Coronavirus Disease 2019 \(COVID-19\)](#).

Situation Update

Latest information, including persons under investigation (PUI).

Information for Travelers

Travel guidance and recommendations during the outbreak.

Prepare and Prevent

What you can do to protect yourself, your family, and your community.

Information for Health Professionals

Guidance for health care providers.

About COVID-19

About COVID-19, symptoms, and how it spreads.

Information for Schools and Child Care

Guidance for primary and secondary school and child care staff and students.

What MDH is Doing

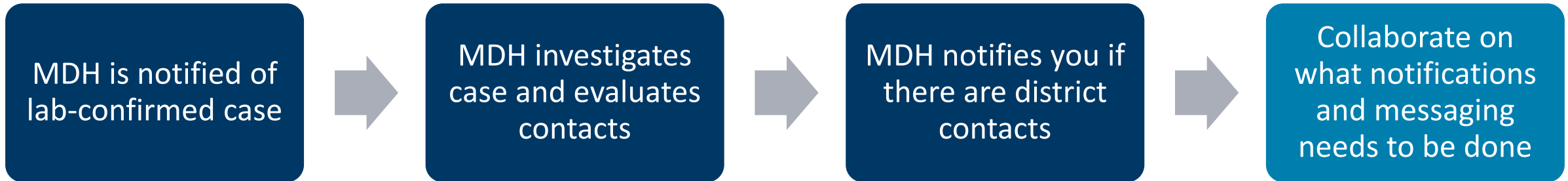
COVID-19 Situational Awareness Update

COVID-19 Update in Minnesota

- For most up-to-date information
 - [Minnesota Situation Update](https://www.health.state.mn.us/diseases/coronavirus/situation.html)
(<https://www.health.state.mn.us/diseases/coronavirus/situation.html>)
- We are seeing community spread.

Lab Confirmed - Case Investigation Process

Scenario 1: MDH is first notified of case



Scenario 2: You are first notified of case



Lab Confirmed – Case Investigation Follow-up

- How quickly does MDH follow-up?
 - We attempt to contact the case the same day we get the report, even if in the evening.
- How does MDH follow-up?
 - We call and talk with the case in great detail about their contacts.
 - Either the same day or the next day we follow-up with:
 - Close contacts.
 - Institutional contact – if a class or activity was exposed and we need to get further contact information of the contacts.

Contact Investigations for Lab Confirmed Case

- Close contacts
 - Within 6 feet for a prolonged period of time.
 - Will be asked to quarantine.
- Other contacts
 - Will be notified to watch for symptoms; no additional follow-up.
 - No quarantine.

Lab Confirmed Case

- Isolate in place
 - Can be isolated in home with access to a private bathroom. If no private bathroom available, then clean after use.
- Case infectious period
 - Patient should stay home for **whichever is longer**:
 - 7 days after onset of symptoms when no fever is present, **or**
 - 3 days after fever has subsided.
 - Use CDC website for how to [Care for Yourself with COVID-19: \(https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/caring-for-yourself-at-home.html\)](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/caring-for-yourself-at-home.html)

Clinically or Self-Diagnosed Cases

- No MDH Follow-up
- For clinically-diagnosed cases
 - Patient should stay home for **whichever is longer:**
 - 7 days after onset of symptoms when no fever is present, **or**
 - 3 days after fever has subsided without fever reducing medications and improvement of respiratory symptoms.
 - Use CDC website for how to [Care for Yourself with COVID-19 \(https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/caring-for-yourself-at-home.html\)](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/caring-for-yourself-at-home.html)
 - No quarantine of household contacts
 - However, should limit interactions with public as much as possible for 14 days, adhere to social distancing.
 - Use CDC website for [guidance to minimize spread in the home \(https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html\)](https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html)

- If you hear about a COVID-19 case...
 - Try to get clarification from the student, families and staff.
 - Don't send out any notification until you have confirmed and talked with us.
 - Call us and we can try to help or clarify recommendations.

COVID-19 Testing Update

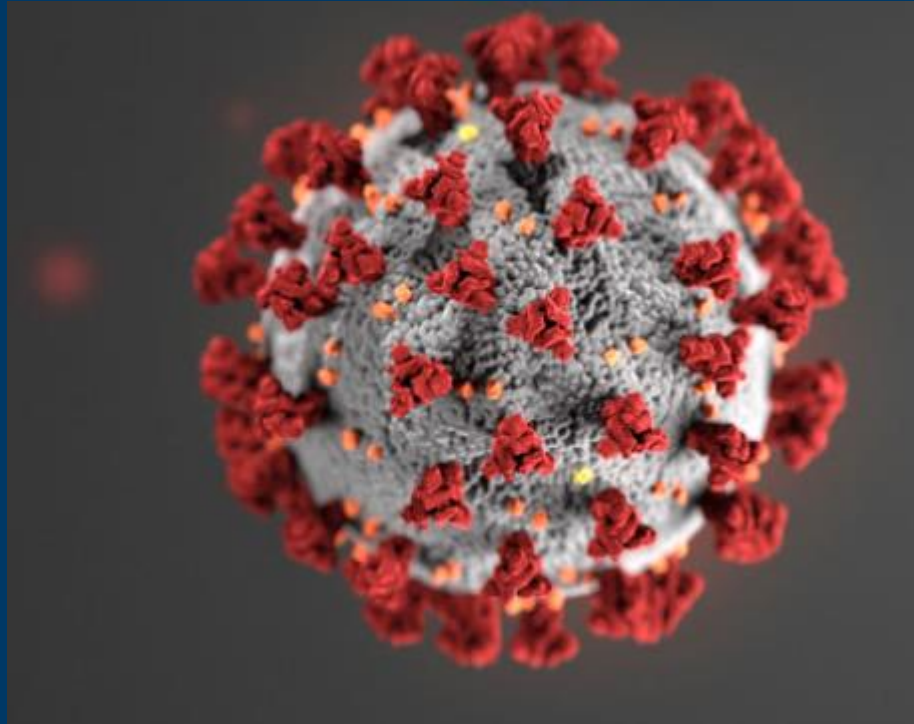
- Shortage of supplies for testing.
- MDH is prioritizing testing for:
 - Hospitalized cases.
 - Health care workers.
 - Residents of congregate settings (LTC, shelters, etc...)
- Those not tested, but diagnosed/assumed COVID-19:
 - Self-quarantine for 7 days after illness onset, or 72 hours after resolution of fever (without taking fever-reducing medications), and improvement of respiratory symptoms.
 - Household contacts should limit public interaction and adhere to social distancing for 14 days.

- We are working on updated resources that you will have next week

Screening for Emergency Childcare

- Based on capacity, many districts are having greeter staff meet childcare participants at the door with their parents.
- Parents stay while school staff take child's temperature and ask about any upper respiratory symptoms in the last 14 days.
- If fever or positive symptoms, student needs to go home.
- Ideally, repeating temperature checks later in the day will allow for best monitoring.

- [MDH COVID-19 School Resources](https://www.health.state.mn.us/diseases/coronavirus/schools.html)
(<https://www.health.state.mn.us/diseases/coronavirus/schools.html>)
- [MDE COVID-19 Resources](https://education.mn.gov/MDE/dse/health/covid19/)
(<https://education.mn.gov/MDE/dse/health/covid19/>)
 - COVID-19.Questions.MDE@state.mn.us
 - 800-657-3504
 - 651-297-1304



CDC Updates

Guidance for Childcare and School Settings

- [Schools and Childcare Guidance from CDC](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html)
(<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html>)
- Recommendations for cleaning:
 - [Disinfectants for Use Against SARS-CoV-2](https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2) (<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>)
 - [COVID-19 Resources for Households: Cleaning and Disinfecting](https://www.cdc.gov/coronavirus/2019-ncov/prepare/cleaning-disinfection.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fhome%2Fcleaning-disinfection.html)
(https://www.cdc.gov/coronavirus/2019-ncov/prepare/cleaning-disinfection.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fhome%2Fcleaning-disinfection.html)

Travel Restrictions and Key Points

Country	Travel Notice Level	Risk Assessment/ Transmission	Restrictions on Entry into US?	Impact on Students
China	3	Widespread Sustained	Yes	Quarantined for 14 days after return, and monitored by MDH. MDH gets flight manifests.
Iran	3	Widespread Sustained	Yes	
Europe	3	Widespread Sustained	Yes	
South Korea	3	Widespread Sustained	No	Will need to self-quarantine for 14 days, MDH is currently not getting flight manifest.
Global Notice	2	Sustained Community	No	Travelers should watch for their health for 14 days when return, no restrictions if no symptoms.*

*Unless an individual is a *known* contact of a COVID-19 confirmed case

Questions from Schools

Asymptomatic Transmission

- There is some evidence of individuals being infectious without symptoms.
- However, if an individual isn't coughing or sneezing then they are likely not easily spreading the virus. COVID-19 is mostly spread through coughing and sneezing.

Steps to take if schools have a self-diagnosed case

- Ensure daily, ongoing cleaning occurs.
- **Truly stay home if you are sick!** There are no students in your buildings; even if you think you are being paranoid, **stay home**.
- No household contacts need to be quarantined, but should stay home at all possibilities.
- If staff live with someone who is a case, allowing them to stay home to work would be encouraged.

- Can I get COVID-19 from touching surfaces?
 - COVID-19 can sit on surfaces, but this isn't the main way it spreads.
 - Washing your hands often is an easy way to prevent you from getting COVID-19 from surfaces.
 - Clean high-touch areas frequently.
 - As long as your buildings are in use, cleaning should be occurring.

Communication Resources - MDH

Materials and Resources: COVID-19

Materials and Resources Home

Koronafayraska Cusub ee 2019 (Somali)

Enfermedad del Coronavirus 2019 (COVID-19) (Spanish)

Related Topics


COVID-19 Home

Infectious Respiratory Illness

Materials and Resources on Coronavirus Disease 2019 (COVID-19)

Video PSA and soon print materials, translated documents, and more to assist with preparing for and responding to COVID-19.

Video PSAs



Jan Malcolm
Minnesota Commissioner of Health

[Chinese language captioned version](#)

[Spanish language captioned version](#)



- [Coronavirus Disease 2019 \(COVID-19\) \(PDF\)](#)
Basic overview of COVID-19 in multiple languages.
- [COVID-19 in Arabic \(PDF\)](#)
- [COVID-19 in Chinese \(PDF\)](#)
- [COVID-19 in Russian \(PDF\)](#)
- [COVID-19 in Somali \(PDF\)](#)
- [COVID-19 in Spanish \(PDF\)](#)
- [COVID-19 in Vietnamese \(PDF\)](#)

[COVID-19 Materials](https://www.health.state.mn.us/diseases/coronavirus/materials/index.html)

<https://www.health.state.mn.us/diseases/coronavirus/materials/index.html>

Communication Resources - CDC



Keep Calm and Wash Your Hands
Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

8.5x11

[English](#) [Spanish](#) [French](#) [Arabic](#) [Bengali](#) [Chinese](#)



Stop the spread of germs poster
Help prevent the spread of respiratory diseases, like Coronavirus Disease 2019 by avoiding close contact with people who are sick; covering cough and sneeze; avoiding touching eyes, nose and mouth; and washing your hands with soap and water.

8.5x11

[English](#) [Spanish](#) [Simplified Chinese](#) [Vietnamese](#)

[COVID-19 Print Resources \(https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html\)](https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html)

Thank you.

health.schools.covid19@state.mn.us