



# What is Minnesota's HELP ME GROW?

Brand used throughout the state to inform all about where/how to make an early intervention referral for children with possible developmental delays.

You can make online or phone referrals:

[www.helpmegrowmn.org](http://www.helpmegrowmn.org)

Or

1-866-693-4769(GROW)



# Help Me Grow Referrals

YEAR	TOTAL NUMBER OF REFERRALS
2010	533
2011	2,285
2012	3,602
2013	6,065
2014	9,420
As of November 6 <sup>th</sup> 2015	11,032

# Minnesota HMG vs. National HMG

**MDE connects kids to local school district for early intervention services**



**Centralized access point to connect kids to a variety of needed services & supports**



# What we have **vs.** What we *could* have

	Minnesota HMG	National HMG
<b>Purpose</b>	Referral for early intervention services	Referral to <i>full array</i> of child development & health resources – to the point of connection
<b>Eligibility</b>	Must meet Part C or Part B eligibility criteria	N/A – universal access for those at-risk
<b>Components</b>	<ul style="list-style-type: none"> <li>• Central access point</li> <li>• Outreach to families &amp; providers</li> </ul>	<ul style="list-style-type: none"> <li>• Central access point with telephone care coordination and follow-up</li> <li>• Outreach and education for healthcare providers</li> <li>• Outreach &amp; networking for community</li> <li>• Data collection</li> </ul>
<b>Funding</b>	Part C funding (MDE)	Interagency effort

# What is the National Help Me Grow Model?

- *Help Me Grow* (HMG) is a unique, comprehensive, and integrated statewide system designed to address the need for early identification of developmental and/or behavioral concerns, and then to link children and their families to local services.
- *HMG* is a simple solution that builds on existing resources
- *HMG* does not provide direct services. Rather, it is a system for improving access to existing resources and services for children through age eight.

# How National Help Me Grow works

- *Help Me Grow* is a system that builds collaboration across sectors, including child health care, early care and education, and family support.
- Through comprehensive physician and community outreach and a centralized access point, families are linked with needed programs and services. Ongoing data collection and analysis helps identify gaps in and barriers to the system.

# Requirements of National Help Me Grow

## Structural Requirements

Organizing Entity

Statewide Expansion

Continuous Quality Improvement

## Core Components

1

Child health care provider outreach to support early detection and intervention.

2

Community outreach to promote use of Help Me Grow and to provide networking opportunities among families and service providers.

3

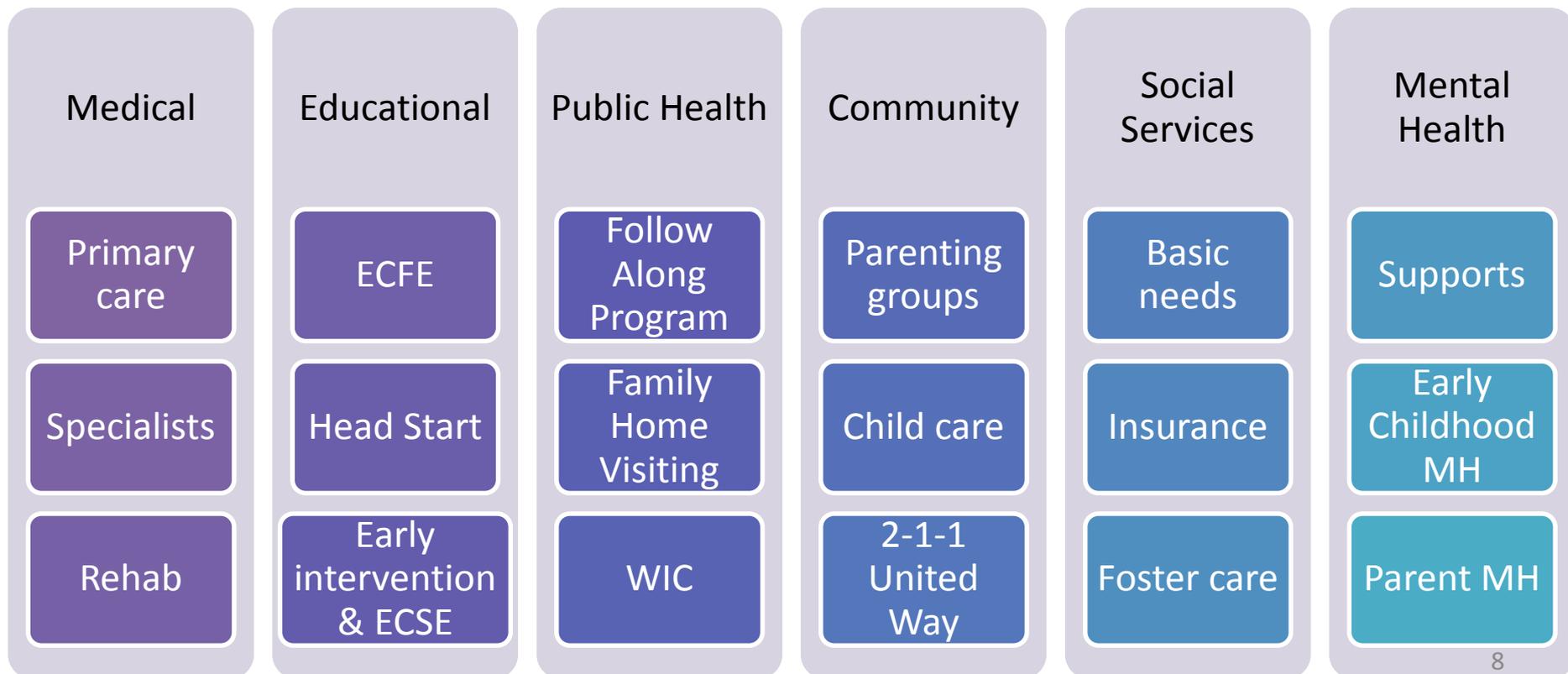
Centralized telephone access point for connecting children and their families to services and care coordination.

4

Data collection to understand all aspects of the Help Me Grow system, including the identification of gaps and barriers.

# Explore centralized access point to existing early childhood services and resources

- Provide a centralized access option for services and resources that support healthy development (direct referrals are also an option!)
- Think upstream: *Promote* healthy development



# Progress: Exploration and implementation of expanded Help Me Grow in Minnesota

- ✓ Statewide summit, surveys and meetings showed great support for the expanded Help Me Grow concept (National model) in Minnesota
- ✓ Workgroups drafted recommendations:
  - Centralized Access System (state/regional/local)
  - Healthcare Provider Outreach
  - Community and Family Outreach
  - Data
  - Additional work with tribes
- ✓ State HMG Leadership Team has convened for decision-making and implementation planning (March-December)

More news by early 2016....

Questions? Contact [Kelly.Monson@state.mn.us](mailto:Kelly.Monson@state.mn.us)

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