



## Local Wellness Policy Checklist

Use this checklist to ensure that your Local Education Agency's local school wellness policy is meeting the [regulations](#) set forth by the U.S. Department of Agriculture (USDA) under the Healthy, Hunger-Free Kids Act of 2010. For additional information on the requirements for local wellness policies, visit the [Minnesota Department of Education's webpage](#).

### Policy Document

<input type="checkbox"/>	The district has a wellness policy.
<input type="checkbox"/>	A copy of the written local school wellness policy is kept on file.
<input type="checkbox"/>	The wellness policy is posted on the school website.
<input type="checkbox"/>	The district updates or modifies the wellness policy as appropriate, identified by the triennial assessment.

### Wellness Committee

<input type="checkbox"/>	An identified leader, who has the authority and responsibility to ensure each school complies with the policy, has been selected to oversee the wellness policy work in the district.
<input type="checkbox"/>	The wellness committee has a meeting schedule to regularly meet with members.
<input type="checkbox"/>	Participation in the wellness committee is permitted for the general public and the school community (including parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, and school administrators) to participate in the wellness policy process.

## Policy Content

<input type="checkbox"/>	The policy contains specific goals for nutrition promotion and education.
<input type="checkbox"/>	The policy contains specific goals for physical activity.
<input type="checkbox"/>	The policy contains specific goals for other school-based activities that promote student wellness.
<input type="checkbox"/>	The policy contains nutrition guidelines for all foods and beverages for sale on the school campus during the school day that are consistent with Federal regulations for Smart Snacks in School nutrition standards.
<input type="checkbox"/>	The policy contains locally developed guidelines for other foods and beverages available on the school campus during the school day, not sold (e.g. in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
<input type="checkbox"/>	The policy allows marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.

## Public Updates

<input type="checkbox"/>	The district updates the public on the wellness policy, including any updates to and about the wellness policy, on an annual basis, at a minimum.
<input type="checkbox"/>	Documentation is kept on file of efforts to provide annual updates to the local wellness policy including who was involved in the process and how stakeholders were permitted to participate.
<input type="checkbox"/>	Documentation is kept on file demonstrating how the policy and updates are made available to the public.
<input type="checkbox"/>	The district updates the public on the Triennial Assessment, including progress toward meeting the goals of the policy.

## Triennial Assessment

<input type="checkbox"/>	The district conducts an assessment of the wellness policy every three years, at a minimum.
<input type="checkbox"/>	This assessment contains the following components: <ul style="list-style-type: none"><li>• Compliance with the wellness policy.</li><li>• How the wellness policy compares to model wellness policies.</li><li>• Progress made in attaining the goals of the wellness policy.</li></ul>
<input type="checkbox"/>	The most recent triennial assessment is kept on file.