

Breakfast Encourages Students to Thrive!

Breakfast is served daily at school! School breakfast will give your child a healthy start to the day and is affordable, too. If you qualify for free or reduced-price school lunch, you also qualify for the breakfast program, with no additional paperwork. Additionally, every kindergarten student is eligible to eat breakfast free of charge.

Top 5 Reasons to Eat School Breakfast:

- 1. Fuels the brain to get focused for learning.**
- 2. Convenient and easier than making breakfast on your own, or stopping somewhere on the way to school.**
- 3. Time to catch up with friends.**
- 4. Packs a nutritional punch and guaranteed to have whole grains, fruit and milk.**
- 5. Good breakfast = good mood!**

For menu information, visit the school website.

The USDA is an equal opportunity provider.

