

# Essentials for School Nutrition: General Areas Module

## Practice Activity Lesson 2: Civil Rights

1. Civil Rights requirements are important for School Nutrition Programs because they: (select all that apply).
  - ☐ Ensure program benefits are available to all eligible participants
  - ☐ Verify that all the vegetable subgroups have been served
  - ☐ Validate that meals have been claimed at the point of service
  - ☐ Show that correct number of free benefit meals has been claimed
2. Protected classes for Child Nutrition Programs include:
  - ☐ Race, color, ethnicity, religion,
  - ☐ Marital status, race, sex, age, disability
  - ☐ Race, color, national origin, sex, disability, age
  - ☐ Race, color, national origin, sex, meal benefit
3. Public notification systems for school nutrition programs inform the public about: (select all that apply)
  - ☐ Program eligibility requirements
  - ☐ How to file a complaint
  - ☐ Program benefits and services
  - ☐ The calories, sodium and saturated fat for each meal.
4. Public notification methods for school nutrition programs include which of the following (select all that apply)?
  - ☐ The annual public release provided by the state agency
  - ☐ The "Justice for All" poster
  - ☐ Food production records
  - ☐ The non-discrimination statement
5. Ethnicity categories include which of the following? (Select all that apply.)
  - ☐ Minnesotan
  - ☐ Hispanic or Latino
  - ☐ Non-Hispanic or Non-Latino
  - ☐ Midwesterner
6. The full non-discrimination statement must: (select all that apply)
  - ☐ Include the exact wording
  - ☐ Include a local phone number
  - ☐ Be printed no smaller than the major text size
  - ☐ Be printed as black text on a white background

7. The short/condensed non-discrimination statement is:
- ☐ This institution is an equal opportunity employer.
  - ☐ This institution is an equal opportunity employer and provider.
  - ☐ This institution is an equal opportunity provider.
  - ☐ This institution meets all USDA requirements.
8. School nutrition programs must collect racial and ethnic data related to their participants so they can: (select all that apply)
- ☐ Plan menus
  - ☐ Determine how effective the program is at reaching eligible participants
  - ☐ Distribute Applications for Educational Benefits to targeted households
  - ☐ Determine where program outreach may be needed
9. What are some types of accommodations for participants with disabilities? (Select all that apply.)
- ☐ Provide menu substitutions with a physician's statement
  - ☐ Provide accessible facilities, for example: wheelchair accessible tables
  - ☐ Program information in alternative formats such as braille
  - ☐ Provide menu substitutions for student's preferences
10. School nutrition sponsors have the responsibility to take "reasonable steps" to ensure meaningful access to programs and activities by persons with LEP. What is LEP?
- ☐ Limited Edible Portion
  - ☐ Long Eligibility Provision
  - ☐ Lower East Pool
  - ☐ Limited English Proficiency
11. A civil rights complaint must be forwarded to USDA within how many days?
- ☐ 3 days
  - ☐ One week
  - ☐ 10 operation days
  - ☐ 10 calendar days
12. Any person who believes he or she or someone he/she knows has been discriminated against based on Federal protected classes has a right to file a complaint within how many days
- ☐ 60 calendar days
  - ☐ 180 calendar days
  - ☐ 60 operating days
  - ☐ 365 calendar days

## Civil Rights Resources

[Civil Rights Requirements Checklist for Schools](#)

[School Civil Rights Compliance Assessment Form - Schools](#)

[Accommodating Disabilities in the School Meal Programs: Guidance and Questions and Answers \(SP 26-2017\)](#)

[Meaningful Access for Persons with Limited English Proficiency \(LEP\) in the School Meal Programs: Guidance and Q&As \(SP 37-2016\)](#)

[Preventing Overt Identification of Children Approved for Free or Reduced-Price School Meals \(SP 45-2012\)](#)

[Guidance on Prohibition of Separation by Gender during Meal Service \(SP-31 CACFP-12 SFSP14-2015\).](#)

## Answer Key: Essentials for School Nutrition: General Areas Module

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